



Patient Presurgical Instructions

We are pleased that you have chosen our office for your orthopedic and surgical needs. It is our goal to provide you with all the information necessary to make informed decisions regarding your care.

At your pre-op appointment, you will be given instructions for preparing your surgical site (knee, elbow, shoulder, etc). If you are over the age of 50 and have not had a physical (blood work, EKG, chest x-ray) in the last 6 months be prepared to be sent for diagnostic testing. If you have had a complete physical in the last 6 months bring a copy of your lab work, EKG, chest x-ray report and clearance for surgery on a prescription pad from your treating physician.

When you leave our office, you will need to register with the hospital via registration located through the main entrance of the hospital on the west side facing Matlock Road. This should be done 2-4 days prior to surgery. Failure to register will greatly delay your surgery or cause you to reschedule for a different date. Again, failure to complete this step may cause delays on the morning of your surgery.

You will be contacted after 6:00 PM by the hospital the day before your surgery (or Friday for a Monday surgery). This is the time to arrive at the hospital **not** your surgery time. If you have not heard from the hospital by 8:00 PM please contact the hospital at 817-472-4808 or our office at 817-419-0303.

Anesthesia will contact you the day before surgery to answer any questions about anesthesia.

Please feel free to call us with any questions you may have regarding your treatment. We want you to feel comfortable with your decisions for treatment based on all options available for your particular needs.

Financial Issues

It is your responsibility to make sure all financial obligations are understood and/or resolved prior to surgery.

Any questions regarding hospital costs and financial responsibilities please contact the hospital directly at 817-472-4806 (Medical Center of Arlington).

Any questions regarding anesthesia costs and financial responsibilities please contact Dallas Anesthesia Associates at 214-252-3511.

Any other questions or concerns please feel free to contact our office at 817-419-0303.